## MISSOUR! DEPARTMENT OF HEALTH AND SENIOR SERVICES. CHRONIC DISEEASE PREVENTION AND HEALTH PROMOTION

## 2003 Health and Preventive Practices Status Report from Missouri County-level Study



|  | County<br>Prevalence<br>(%)* | Southeast<br>Region Prevalence<br>(%)* | State<br>Prevalenc<br>(%)* |
|--|------------------------------|--|----------------------------|
| General  |                              |  |                            |
| Health Status (Fair or Poor)                       | 27.5 H                       | 23.2 H                                 | 16.9                       |
| No Health Coverage                                 | 17.4                         | 17.4 H                                 | 12.3                       |
| Behavioral Risk Factors                            |                              |  |                            |
| Physical Inactivity                                | 34.3 H                       | 30.6 H                                 | 23.0                       |
| Current Smoker                                     | 26.5                         | 28.1                                   | 26.5                       |
| Overweight (BMI 25-29.9)                           | 33.3                         | 36.9                                   | 35.3                       |
| Obese (BMI ≥ 30)                                   | 30.5                         | 26.9                                   | 23.4                       |
| Disease and Conditions                             |                              |  |                            |
| High Blood Pressure                                | 33.9                         | 30.0                                   | 28.5                       |
| High Cholesterol (35 years or older)               | 41.8                         | 38.2                                   | 37.3                       |
| Asthma   | 17.5                         | 12.3                                   | 10.7                       |
| Diabetes   | 5.4                          | 7.5                                    | 7.2                        |
| Activity Limitation                                | 29.5 H                       | 20.6                                   | 17.8                       |
| Women  Never had a Mammogram                       | 19.4                         | 20.5 H                                 | 13.4                       |
| No Mammogram or Clinical Breast Exam in Last Year: | 17.4                         | 20.5 11                                | 10.4                       |
| 40-49 years of age                                 | 65.9                         | 58.0                                   | 49.4                       |
| 50-64 years of age                                 | 46.9                         | 44.8                                   | 35.9                       |
| 65 and older                                       | 68.7 H                       | 52.9                                   | 47.4                       |
| Never had a Pap Test:                              |                              |  |                            |
| 18-69 years of age                                 | 6.4                          | 3.8                                    | 5.1                        |
| 70 and older                                       | 8.3                          | 8.2                                    | 6.4                        |
| No Pap Test in Last Year (18-29)                   | 36.2                         | 23.5                                   | 25.8                       |
| No Pap Test in Last 3 Years (30-69)                | 18.2                         | 15.4                                   | 13.8                       |
| Men and Women 50 Years or Older                    |                              |  |                            |
| Blood Stool Test:                                  |                              |  |                            |
| Never had a Blood Stool Test                       | 62.2                         | 63.1 H                                 | 57.0                       |
| No Blood Stool Test in Last Year                   | 81.0                         | 83.7 H                                 | 77.5                       |
| Sigmoidoscopy/Colonoscopy                          |                              |  |                            |
|  |                              |  |                            |
| Never had a Sigmoidoscopy or Colonoscopy           | 60.0                         | 59.0 H                                 | 49.2                       |

\*Prevalence rates are age adjusted to the 2000 U.S. standard population

- indicates that the prevalence rate is not significantly above or below state prevalence
- indicates that the prevalence rate is significantly above the state prevalence
- indicates that the prevalence rate is significantly below the state prevalence

Unless otherwise noted respondents are 18 years of age or older

<sup>\*\*</sup> The best indicators for Madison county were obtained by combining data from Madison and St. Francois counties.